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Lake District shines under TV spotlight

Julia Bradbury showcases Borrowdale Walk on ITV

A new ITV series showcasing the country's best scenic walks is heading to Honister and the Borrowdale Valley this week, presented by TV personality and long-time Lake District fan Julia Bradbury.

The 30 minute programme – called [‘Best Walks With A View With Julia Bradbury’](#) - is set to air next Friday 26 February at 8pm. See a [sneak preview here](#).

Setting off from Rosthwaite, in the jaws of Borrowdale, Julia will take in the history and landscape of the surrounding fells, including farmers, sportsmen and adventures. She will also be exploring the heritage of the 900 year old Honister Slate Mine, which is England's last working slate mine and continues to craft Honister Green Slate in its mountainside workshop.

Julia be shown heading up one of her favourite fells – the much-loved and rugged little peak, Castle Crag – where she will be joined by mountaineering legend, Sir Chris Bonington, to survey the views over Derwent Water.

The TV favourite filmed the scenes last September. She has visited the area many times in recent years and has previously also enjoyed the heady heights of the Via Ferrata at Honister Slate Mine.

Jan Wilkinson, Co-Owner of Honister Slate Mine, says, *“Julia has a genuine love of the area and is a true adventurer at heart, so it is always lovely to see her back in the Lakes. It's fantastic that a Borrowdale walk is being featured so prominently on primetime TV, showcasing our diverse and spectacular landscape to the rest of the country.”*

[The Outdoor Guide](#), or TOG for short, is the official online resource to pull all the Walks' information together, both past and present. TOG has it all, the places shown in the programme, an interactive downloadable map and exclusive access to Julia and the crew as they film for television. [#juliaswalks](#) [#juliastog](#)

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Notes to Editors:

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